

"When I come to  
New York, I teach people  
how to eat lobster."

MICHAEL-ANN ROWE

AC



Moncton native Michael-Ann Rowe hosts the pilot episode of 'Off The Beaten Palate', which airs on March 15. PHOTO: TIMES & TRANSCRIPT

## Moncton native features N.B. on new food show

ERIC LEWIS  
TIMES & TRANSCRIPT

MONCTON — New Brunswick's seafood delicacies will be featured in the pilot episode of a potential new television series next week.

Moncton native Michael-Ann Rowe is hosting the show, *Off The Beaten Palate*, which will air Thursday, March 15, at 9 p.m. on PBS.

Rowe studied theatre at Dalhousie University in Halifax before taking off "on a wing and a prayer" to New York in 1992. Pursuing a career in acting, she learned quickly that actors have to "work in a restaurant to survive." But that work in the food industry led to a passion for food, food culture and travel.

"Certainly New York gave me the drive to learn about this whole world of cuisine because it's all here, under one roof," she said Thursday from the Big Apple. "The world is here."

Rowe's career evolved from acting to hosting, writing and producing. For six years, she hosted *Entrée TV*, a local New York food series where she learned all about food from many of the city's chefs.

Rowe said the series' name was changed to *Off The Beaten Palate* to better reflect the concept of food and travel.

In the pilot, Rowe takes viewers trapping lobster in the middle of December and through the smoke houses of Cap-Pelé, one of her favourite parts of the trip. She visits Village Historique

Acadien in Rivière-du-Nord that dates back to the 1700s.

She also stopped by the world's largest lobster in Shediac and went on a local lobster tour, which she highly recommends.

"When I come to New York, I teach people how to eat lobster," she said with a laugh.

During the show's airing next Thursday, viewers will be asked to make pledges to PBS. There is a special pledge challenge sponsored by the New Brunswick Department of Agriculture, Aquaculture and Fisheries in partnership with the province's seafood industry. The highest pledger of the night will win two seats to Lobster Lover's Academy, June 7-10, in St. Andrews.