

## Purse Seine; 'got to have some muscles for this job!'"

One of the most memorable adventures was heading out on a Herring Carrier in New Brunswick, Canada to witness the fisherman Purse Seine; an old technique still being used today to net fish.

Then it was off to the plant to see how they pack Brunswick Sardines.

Fashionista
Off The Beaten Palate
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New Brunswick, Canada
Sardines
Purse Seine
Sustainable Seafood
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